

## URBAN SMARTS:

Look out for yourself and others (be aware and mindful - do not walk around with your phone in your hand and your head in your phone). Getting as much sleep as you can helps you be more alert too.

Stay with the group. If separated from group, stay where you last were with the group (e.g., if you miss a subway train, stay in that spot by the train). Someone will come looking for you - don't go looking for us. Keep your cell phone charged so it can be used for communication.

You may not leave the group for any reason or length of time without communicating with your chaperone, who will accompany you or find another chaperone to accompany you.

Protect valuables (keep money, credit cards, phones etc.) in a closed bag or in inside pockets (Do not store your phone or other valuables in your back pocket). Wear your backpack where you can feel and see it and check all zippers, especially in crowded places like the subway.

Write down serial numbers of any electronics or similar valuables.

Remember, valuables are just valuable. YOU are INVALUABLE!!

Do not engage in conversation with people on the street or other places that you do not know or have a connection to (obviously, you don't know your workshop instructors, but it's OK to talk to them). Details about yourself, where you are going, or where you are staying should be provided on a NEED-TO-KNOW basis. Most people don't need to know.

Try to keep a confident and collected appearance. Know where you are going and walk with a purpose. If you look scared and confused, you are more likely to make yourself a target.

Report encounters or conversations you have that make you feel uncomfortable or if you have concerns about others in the group to staff or one of the chaperones.

Try new things and keep an open mind - the urban setting gives you the opportunity for lots of new experiences - but trust your good sense if something seems unsafe or uncomfortable to you.